

Privacy Policy

Effective Date: July 30, 2026

At Lotus Bloom Counseling, your privacy is important to us. This Privacy Policy explains how information collected through this website is used and protected.

Information We Collect

If you choose to contact Lotus Bloom Counseling through this website, you may voluntarily provide personal information, including:

- Name
- Email address
- Phone number
- Information you include in your message or consultation request

Please do not include confidential, sensitive, or detailed personal health information when submitting a contact form or sending an email through this website.

How Your Information Is Used

Information you provide may be used to:

- Respond to your inquiry
- Schedule a consultation or appointment
- Communicate with you regarding services
- Improve the functionality and user experience of this website

Your information will never be sold, rented, or shared with third parties for marketing purposes.

Electronic Communication

While reasonable safeguards are used to protect electronic communications, email and website contact forms cannot be guaranteed to be completely secure. By contacting Lotus Bloom Counseling electronically, you acknowledge the potential risks associated with transmitting information over the internet.

Cookies and Website Analytics

This website may use cookies or analytics tools to understand how visitors interact with the site and to improve website performance and user experience. These tools collect general, non-identifying information and are not used to collect protected health information.

You may choose to disable cookies through your browser settings; however, doing so may affect certain website features.

Third-Party Services

This website may include links to third-party websites or services. Lotus Bloom Counseling is not responsible for the privacy practices, content, or security of external websites. Please review the privacy policies of any third-party sites you visit.

No Therapist-Client Relationship

Submitting a contact form, sending an email, or communicating through this website does not establish a therapist-client relationship. A therapeutic relationship begins only after all required intake documentation has been completed, informed consent has been provided, and both therapist and client have agreed to begin treatment.

Protection of Health Information

If you become a client of Lotus Bloom Counseling, your protected health information (PHI) is maintained in accordance with applicable federal and California privacy laws, including the Health Insurance Portability and Accountability Act (HIPAA). You will receive separate privacy and informed consent documents before treatment begins that explain how your health information is collected, used, and protected.

Changes to This Privacy Policy

Lotus Bloom Counseling reserves the right to update this Privacy Policy at any time. Any changes will be posted on this page with an updated effective date.

Contact

If you have questions regarding this Privacy Policy or the handling of your information, please contact:

Lotus Bloom Counseling

Tavleen Sandhu, LCSW

Email: lotusbloomcounseling@gmail.com

Phone: 408-663-8088