

Website Disclaimer

Effective Date: July 29, 2026

Welcome to the Lotus Bloom Counseling website. By accessing or using this website, you acknowledge and agree to the following terms.

Informational Purposes Only

The information provided on this website is intended for general educational and informational purposes only. It is not a substitute for psychotherapy, medical care, mental health treatment, diagnosis, or professional advice. Content on this website should not be relied upon as a replacement for consultation with a qualified mental health or healthcare professional.

No Therapist-Client Relationship

Viewing this website, submitting a contact form, sending an email, leaving a voicemail, or scheduling a consultation does **not** establish a therapist-client relationship with Tavleen Sandhu, LCSW, or Lotus Bloom Counseling.

A therapist-client relationship is established only after all required intake documentation has been completed, informed consent has been provided, and both the client and therapist have mutually agreed to begin treatment.

Not for Emergencies

This website and any contact forms or email communications are **not** intended for crisis or emergency situations and are not monitored 24 hours a day.

If you are experiencing a mental health emergency, believe you may be at risk of harming yourself or someone else, or require immediate assistance, call **911**, go to your nearest emergency department, or call or text **988** to reach the Suicide & Crisis Lifeline.

Electronic Communication

While reasonable efforts are made to protect your privacy, communication through email or website contact forms cannot be guaranteed to be completely secure. Please avoid sending confidential, sensitive, or urgent personal health information through these methods.

No Guarantees

Therapy is a highly individualized process. While every effort is made to provide compassionate, evidence-based care, no specific outcomes or results can be

guaranteed. Progress in therapy varies based on each individual's unique circumstances, participation, and goals.

External Links

This website may include links to third-party websites for informational purposes. Lotus Bloom Counseling is not responsible for the content, accuracy, privacy practices, or policies of external websites.

Geographic Availability

Therapy services are provided only in accordance with applicable licensing laws. Services are currently available to individuals located in California at the time of their appointment, consistent with the therapist's professional licensure and applicable regulations.

Changes to This Disclaimer

Lotus Bloom Counseling reserves the right to update or modify this Website Disclaimer at any time. Any changes will be posted on this page with an updated effective date.

Contact

If you have questions regarding this Website Disclaimer, please contact:

Lotus Bloom Counseling

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